

How we conduct an evaluation:

To develop a good Assessment, a DEEP evaluator or treatment provider **may** ask for some or all of the following:

1. All intake paperwork co-signed by the client and the Provider
2. Copy of any police reports
3. Copy of previous treatment Discharge Summaries (e.g. former/current therapist, medical records, etc)
4. A review of medical condition (both history and current)
5. An alcohol and drug screen (clients who do not have insurance coverage will be expected to pay for this).
6. Contact with a "Concerned Person" for collateral input

FREQUENTLY ASKED:

The following are taken from the web site of the DEEP office (www.maine.gov/dhhs/samhs/osa/deep/faq.htm)

What is DEEP? DEEP, or the Driver Education and Evaluation Programs of the Office of Substance Abuse and Mental Health Services, Department of Health and Human Services, administers the Impaired Driving Programs in the State of Maine. The goals of the program include providing effective, efficient and meaningful interventions for impaired drivers according to Maine Law so that public safety is maintained.

Does DEEP have an online course? The DEEP does not have an online course, all services must be completed in person. Individuals should contact the DEEP Office at (207) 626-8600 to sign up for a DEEP Program.

Under what authority does DEEP act? Under the authority of the Maine State Legislature. All of DEEP's programs are mandated by the state statute and regulations.

What does DEEP offer for Programs? *The Under 21 Program* for underage offenders, *the Risk Reduction Program* for adult offenders and the *Completion of Treatment Program* for those offenders who choose to go straight into treatment.

Who attends these programs? Persons with one or more alcohol-or other drug-related motor vehicle offenses.

How often are programs offered? The 20-hour Risk Reduction Program is offered approximately 150 times per year in approximately 25 communities around the state.

Do adolescents attend DEEP? Yes. Underage offenders attend the 16-hour Under 21 Program.

How do I sign up for a DEEP program? Contact the DEEP office at 207-626-8600 to register for a program.

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“I want my license restored”

In terms of DEEP, here's a few things to keep in mind:

1. Unless you “waive” the evaluation (which means that you admit that you have a substance abuse problem and are ready to jump into treatment), you will need to attend the 20-hour “Risk Reduction Program” conducted by DEEP across the state.
2. After the RRP, you may be referred for “further evaluation” by a DEEP certified Provider.
3. The purpose of the Evaluation is to determine if you are currently in need of treatment and to determine if you are at high risk of re-offense.
4. When the 2 to 4 sessions are completed AND if you have been referred for further counseling, the Evaluator will provide you with 3 possible treatment providers.
5. When the Evaluation is complete, it will be reviewed by (a) the Provider's clinical supervisor, and (b) the team at DEEP. Thereafter, DEEP will send you a letter with the final conclusions. Treatment cannot start until you have this letter.
6. In all circumstances, you will need to observe the suspension time imposed by either the Court or the Bureau of Motor Vehicles.

Some figures about Drink driving. . .

- About 30 people die every day in the US (about 1 person every 48 minutes).
- A first offense typically costs \$10,000
- With increased law enforcement in recent decades, 31,417 lives have been saved
- Boating under the Influence (BUI) is the leading cause in boating deaths.
- Many states are considering lowering the BAC level to .05 from the current .08.
- An OUI arrest may occur whenever you are impaired, not just alcohol. It doesn't matter if you are prescribed the substance or not.
- The growing numbers of Drug Recognition Experts make it easier for the authorities to make an arrest for OUI.
- Legislatures are trending to even more strict laws about OUI.
- It is easier than you think to cross over .08. And if there is a resulting injury or death, you could be face a very long prison sentence.
- The risk of death is 11 times higher when under the influence of alcohol
- About 1/3 of such arrests are previous offenders
- Approximately 18% of auto deaths involve other drugs such as marijuana or cocaine.

Things a DEEP Provider cannot do

- Accelerate the evaluation or set aside or by-pass DEEP's rules
- Complete an evaluation in less than 2 sessions nor more than 4
- Make you feel guilty or shamed
- Not collect the fees
- Legislate your treatment goals
- Behave dis-courteously or dis-respectfully
- Violate privacy or confidentiality (*there are some exceptions*)
- Discriminate on the basis of race, sex, national origin, creed, physical or mental handicap.
- Fail to obtain clients' informed consent for (a) treatment, (b) evaluation, or (c) Release of Information
- Deny a review of records upon reasonable request
- Set-aside the Program Rules

